



# Horizons Spa & Leisure

TREATMENT LIST

O·P·I

  
ELEMIS

## Time To Spa

At Horizons spa our vision is to bring together highly skilled hands-on therapists combined with ground-breaking treatments and skincare formulations from Elemis, personally prescribed to transform your skin and give you an exceptional experience.

## Why Elemis?

25 years of wisdom has confirmed a place in the beauty industry for Elemis. Elemis harnesses the power of nature, science and sublime aromatics with the highest grade actives to create a skincare line that has transformed the frontline of the beauty world.

## Skincare

Elemis capture the finest natural actives, a nourishing and exquisitely scented range of creams for whoever you are and whatever you do. Experience anti-aging at it's best with Pro-Collagen Marine Cream, stunning exfoliators and masks, a range of cleansers and toners to leave you feeling sublime, and superfood serums and facial oils to promote radiance from within.....pure indulgence.



Touch and technology combined with ancient and modern massage techniques from around the world are led by the power of minerals, plants and natural fragrances .....

## The Unwinder 3hrs 45min

£160

Well-being Massage, Superfood Radiance Facial, O.P.I Manicure and O.P.I Pedicure.

## Feast your Eyes 2hrs 45min

£125

Hot Stone Massage, Superfood Radiance Facial, O.P.I Shape and Polish

## Glow Business 2hrs 30min

£99

Exotic Lime and Ginger Salt Scrub, Well-being Massage, and an Exotic Frangipani Hair and Scalp Treatment.

## Man Time 2hrs

£99

Skin Energiser Facial and a Well-Being Massage.

All Spa Packages Include a Delicious Afternoon Tea in The Brasserie  
On arrival, you will be provided with a luxurious fluffy robe, slippers and towel...unwind using our Spa facilities which include a Gym, Sauna, Steam, Jacuzzi and our charming Pool



# Face



# Body



Our globally renowned hands-on facial treatments use touch as a powerful tool, softening and prepping the skin to receive active ingredients.....

## Pro-Collagen Age Defy 1hr 15min

£80

This is the treatment to tackle fine lines and wrinkles and help support the cellular structure of the skin, visibly improving firmness and elasticity for beautifully nourished, younger looking skin.

## Skin Energiser Facial for Men 1hr

£55

Shaving, fatigue, sport and screen time all make men's skin have it's own demands. This facial is designed to restore energy and lustre to male skin.

## Superfood Radiance 1hr

£65

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements, skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

## Speed Spa Facial 30 min

£35

A time-efficient trouble shooter to deliver powerful exfoliation and renewal.....maximum results, minimum time.

## Well-Being Massage 1hr

£60

Tailored entirely to your needs, leaving you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance.

## Well-Being Back Massage 30min

£35

A cunningly choreographed back, neck and shoulder reviver designed to sweep you off to the land of eased muscles and calm thoughts.

## Hot Stone Massage 1hr 15min

£70

Hot stones bathed in the intensely moisturising Frangipani Monoi Body Oil, are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy.

## Exotic Frangipani Hair & Scalp Treatment 30 min

£30

Tension is dissolved using a combination of ancient Chinese healing massage, Indian and Thai kneading invigorates and clears your mind, whilst the enticing scent of frangipani envelopes the senses and deeply conditions dry tresses.



Cleansing mineral salts, oil blends rich in actives and transportative aromatics are combined for healthy, revitalised skin and deeply eased muscles.....

**Fennel Cleansing Cellulite Therapy**  
1hr

£70

A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs and abdomen, followed by a cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas.

**Exotic Lime and Ginger Salt Scrub**  
45min

£45

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of Lime and Ginger will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin.

**Exotic Coconut Rub and Milk Ritual Wrap**  
1hr

£55

A traditional blend of Coconut, Mung Bean, Frangipani and warmed Nourishing Milk Bath are combined to create this opulent exotic therapy.



When it comes to natural nails, O.P.I are considered the world leading brand, with a range of products to achieve and maintain naturally beautiful nails.

**File & Polish**  
30min

£20

Nails will be beautifully shaped and treated with a prescriptive basecoat finishing with the perfect polish.

**Manicure**  
45min

£30

The manicure will include nail analysis, cuticle care, treatment cream application. Nails will be beautifully shaped and treated with a prescriptive basecoat finishing with the perfect polish.

**Spa Manicure**  
1hr

£38

Your nails will be analysed and treated for their nail type. The manicure will include exfoliation, massage and cuticle care. Also includes a luxury hand treatment mask for deeper penetration of the oils and creams. Nails will be beautifully shaped and treated with a prescriptive basecoat finishing with the perfect polish.



When it comes to natural nails, O.P.I are considered the world leading brand, with a range of products to achieve and maintain naturally beautiful nails.

### File & Polish 30min

£20

Nails will be beautifully shaped and treated with a prescriptive basecoat finishing with the perfect polish.

### Pedicure 1hr

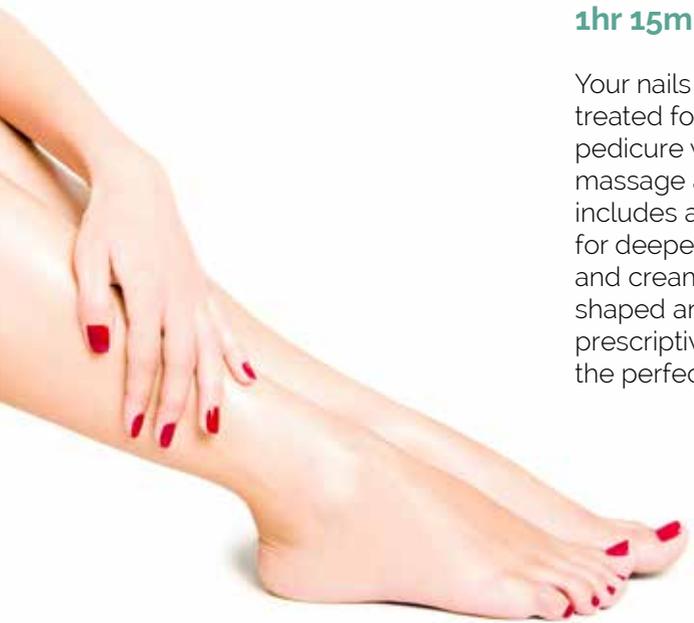
£30

The pedicure will include nail analysis, cuticle care, treatment cream application. Nails will be beautifully shaped and treated with a prescriptive basecoat finishing with the perfect polish.

### Spa Pedicure 1hr 15min

£38

Your nails will be analysed and treated for their nail type. The pedicure will include exfoliation, massage and cuticle care. Also includes a luxury foot treatment mask for deeper penetration of the oils and creams. Nails will be beautifully shaped and treated with a prescriptive basecoat finishing with the perfect polish.



GEL colour by O.P.I is a next generation soak-off gel nail system used in salons throughout the world. Created with the nurture of your natural nail in mind, GEL O.P.I protects your nails, while offering weak, bitten or problem nails the opportunity to grow underneath the gel for up to 21 days.

### File & Polish 30min

£25

Nails are beautifully shaped, and finished with your choice of O.P.I GEL polish.

### O.P.I Gel Removal 20min

£15

We safely remove your unwanted gel colour, leaving your nails ready for a new colour trend.

### O.P.I Gel Manicure 1hr 15min

£45

The manicure will include nail analysis, cuticle care, treatment cream application. Nails will be beautifully shaped and treated with your choice of GELeration polish.



At Horizons, our make-up artists posse creative flair, practical ability and an up-to-date knowledge of current make-up trends. Our techniques involve basic day makeup, bridal make-up and dazzling evening and special occasion make-up.

## Basic Day/ Evening Make-up 45min

£45

A consultation of your requirements, cleansing of the skin, followed by application of professional make-up.

## Bridal Make-up 1hr

£90

A consultation of your requirements, cleansing of the skin, followed by application of professional make-up. Includes trial make-up prior to the wedding day

## Senior Artist Bridal/ Special Occasion Make-up 1hr

£170

Performed by Senior make-up artist Samantha Hallin. Trained at the London School of Media Make-Up and Bournemouth Arts University. Highly qualified in Media Make-up, TV/Film and theatrical production Make-up & Prosthetics.



## Eyes

Whether it be high definition brows or lashes to die for, lashes and brows frame the face, be sure to get the best out of yours...

### Eyelash Tint 15min

£15

For lashes with exceptional colour and depth that last up to 6 weeks. Patch test required.

### Eyebrow Tint 1hr

£12

High definition brows with marvellous colour and depth, lasting up to 4 weeks.

### Lash 'n' Brow Tint 30min

£20

### Eyebrow Shape 15min

£10

Like haircuts, eyebrow shapes aren't one-size-fits-all. Your perfect brows depend on the dimensions of your face, and by going for the right arches, you can take years off, and accentuate your best features.

## Waxing

Remove unwanted hair effectively, with long lasting results.....using the traditional depilatory method.

### Full Leg Wax

£30

### ¾ Leg Wax

£25

### ½ Leg Wax

£22

### Underarm Wax

£10

### Bikini Wax

£15

### Lip wax

£10

### Chin Wax

£10

### Lip & Chin Wax

£15

### Full Arm Wax

£20

### Chest/Back Wax

£25



# Horizons Spa & Leisure

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